

## Statement of Declared Purpose

<b>Awarding organisation name</b>	Active IQ
<b>Title of regulated qualification</b>	Active IQ Level 2 Certificate In Promoting Community Health and Well-being
<b>Qualification level</b>	Level 2
<b>Qualification accreditation number</b>	601/4399/X
<b>Qualification type</b>	Vocationally Related Qualification

### Qualification overview

The Active IQ Level 2 Certificate In Promoting Community Health and Well-being supports individuals currently working within or aspiring to work within, the health and well-being field and will equip students with the essential knowledge and skills to address the health and well-being of individuals within their surrounding communities. The qualification enables students to gain a skills base aimed at facilitating long-term active healthy lifestyles amongst those in their communities not currently engaging in active healthy lifestyles.

### Who could do this qualification?

There are no specific pre-requisite qualifications; however there is an element of communication (discussing, presenting, reading and writing) involved and learners should have basic skills in communication pitched at Level 2.

The qualification has been designed for:

- Learners (aged 16+) wishing to pursue a career/seek employment in health and wellbeing within a community setting as, for example, a community physical activity advisor, community exercise professional or health and lifestyle advisor.
- Qualified fitness instructors, exercise referral instructors and personal trainers who wish to work within a community health and wellbeing setting.
- Individuals already working in a community health and wellbeing setting as, for example, a community physical activity advisor, community exercise professional or health and lifestyle advisor who wish to have their experience and knowledge recognised by a formal qualification at Level 2.

### What does the qualification cover?

During the qualification learners will cover the following:

- How to work with communities to promote and support active healthy lifestyles.
- The role of physical activity in health and well-being.
- How to collect, manage and report on personal data.
- Nutrition, performance and healthy eating.
- Alcohol awareness.
- Smoking awareness and cessation.

## Qualification structure

To achieve the qualification learners must complete the six mandatory units (15 credits). There are also a number of additional units which can be taken if required.

### Mandatory group A

Unit	Accreditation number	Level	Credit
1. Working with communities to promote and support active healthy lifestyles	J/505/1065	2	3
2. Understanding the role of physical activity in health and well-being	F/506/6969	2	1
3. Alcohol awareness	R/504/8282	2	3
4. Smoking awareness and cessation	J/505/2930	2	2
5. Understanding nutrition, performance and healthy eating	F/504/4485	2	3
6. Collecting, managing and reporting of personal data	A/506/6968	2	3

To view the additional units that can be taken if required please visit:

<https://www.activeiq.co.uk/qualifications/level-2/active-iq-level-2-certificate-in-promoting-community-health-and-well-being-2/>

## What could this qualification lead to?

This qualifications provides progression to apprenticeships within active leisure and or further learning.

## Will the qualification support progression to further learning, and, if so, what?

The qualification is designed to offer entry to employment; however, learners can also progress onto the following qualifications and apprenticeship framework:

- Intermediate Apprenticeship in Activity Leadership.
- Intermediate Apprenticeship in Exercise and Fitness.
- Active IQ Level 2 Certificate in Gym Instructing.
- Active IQ Level 2 NVQ Diploma in Instructing Exercise and Fitness.
- Active IQ Level 2 Diploma in Health and Fitness.
- Active IQ Level 2 Certificate in Leading Health-Related Exercise.

## Is this qualification available as an apprenticeship?

No, this qualification is not available in an apprenticeship framework.

## Is this qualification eligible for an Advanced Learner Loan?

No, this qualification is not available within the Advanced Learner Loan catalogue.

## Similar qualifications

There are no similar qualifications at this level.

## Who supports the qualification?

Support for the qualification has been provided by the following professional body:

- ukactive

To read more about ukactive please visit: <http://www.ukactive.com/>