



Active IQ
Westminster House
Ermine Business Park
Huntingdon
Cambs
PE29 6XY

22nd June 2016

Re: Recognition Letter for the Active IQ Level 3 Extended Diploma in Personal Training for Health, Fitness and Performance

To whom it may concern,

ukactive is the leading not-for-profit health body and representative organisation for the physical activity sector, working alongside over four thousand members and partners all of which support the vision of more people, more active, more often. We exist to serve anyone with a benefit to be gained or a role to play in achieving that goal.

ukactive would like to define the value and relevance for the active leisure sector of the 'Active IQ Level 3 Extended Diploma in Personal Training for Health, Fitness and Performance', and thus provide formal support, as follows:

This qualification is designed to train learners to a professionally competent level, enabling them to prescribe, plan and deliver safe and effective exercise programmes developing their knowledge to pursue a variety of careers within the Active Leisure Sector including fitness instructing, personal training, sports conditioning, sports massage and/or progress onto, for example, Higher Education. The required skills meet the applicable National Occupational Standards relevant to the roles, to a standard that can be reasonably expected of learners aged 16+ in full time education.

We believe through successful achievement of this qualification individuals will have an advantageous position when applying for related jobs/employment opportunities, higher education courses, apprenticeships and further training.

ukactive fully supports the Active IQ Level 3 Extended Diploma in Personal Training for Health, Fitness and Performance and we are in agreement for our Professional Body name and website to be made available on the Active IQ website to confirm our support for this qualification.

Yours sincerely,

A handwritten signature in black ink, appearing to be 'Steven Ward', written over a large, light-colored oval shape.

Steven Ward

Executive Director
ukactive