

Active IQ Centre Training Days and E-Classes

If you would like to book an e-class please contact carl@activeiq.co.uk, alternatively to book a face to face training session to be held at Active IQ Head Office, please contact sheree@activeiq.co.uk.

OCTOBER 2010

Centre Training Days <i>Active IQ Office, Cambridgeshire – 10am-4pm</i>	E-Classes <i>10am (approx 2 hours online training)</i>
Friday 15 th October Entry Level Award in the Principles of Health and Fitness L1 Award Active, Healthy Living, L1 Award Assisting Health Related Activity Sessions	Friday 8 th October L3 Certificate in Personal Training
Thursday 21 st October NVQ L2 Certificate in Activity Leadership	Friday 8 th October L2 Certificate in Fitness Instructing (ETM)
	Monday 11 th October 2010 NVQ L3 Diploma Personal Training
	Tuesday 12 th October 2010 NVQ L2 Diploma Instructing Exercise & Fitness
	Tuesday 26 th October 2010 L2 Certificate in Fitness Instructing (Children)