

Active IQ Centre Training Days and E-Classes

If you would like to book an e-class please contact carl@activeiq.co.uk, alternatively to book a face to face training session to be held at Active IQ Head Office, please contact sheree@activeiq.co.uk.

SEPTEMBER 2010

Centre Training Days <i>Active IQ Office, Cambridgeshire – 10am-4pm</i>	E-Classes <i>10am (approx 2 hours online training)</i>
Wednesday 15 th September NVQ L2 Diploma Instructing Exercise & Fitness	Monday 6 th September 2010 10am & 2pm L2 Certificate in Fitness Instructing (Gym)
Tuesday 21 st September L2 Certificate in Fitness Instructing (Gym) L3 Certificate in Personal Training	Friday 17 th September 2010 L1 Award Assisting Health Related Activity Sessions.
Tuesday 28 th September NVQ L3 Instructing Physical Activity & Exercise	Monday 27 th September 2010 L2 Award in Leading Health Related Activity Sessions
	Wednesday 29 th September 2010 Entry level award in the Principles of Health and Fitness L1 Award Active, Healthy Living,